

# GASTROENTEROLOGY CENTER

OF THE SOUTH

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## **INSTRUCTIONS FOR OUTPATIENT ENDOSCOPIC TESTING**

1. This procedure will be performed at Terrebonne General Hospital Atrium Endoscopy unit, or at the outpatient/short stay department located at the main hospital.
2. Nothing to eat or drink after midnight. The morning of your test, your stomach must be empty. The nurse from TGMC Endoscopy Dept. will inform you what medication to take the morning of the procedure when you are called with your time.
3. **A NURSE FROM T.G.M.C. ENDOSCOPY DEPT. WILL CONTACT YOU THE DAY BEFORE YOUR PROCEDURE TO INFORM YOU OF THE TIME TO REPORT FOR YOUR PROCEDURE. YOU WILL ALSO BE INFORMED WHAT MEDICATION IF ANY TO TAKE THE MORNING OF YOUR PROCEDURE. IF YOU HAVE ANY QUESTIONS ABOUT YOUR TIME PLEASE CALL 985-850-6256/985-850-6167.**
4. You will receive sedatives and **MUST BRING SOMEONE WITH YOU ON THE DAY OF YOUR PROCEDURE. THEY WILL NEED TO DRIVE YOU HOME.** The doctor will explain your results to you and the person with you.
5. **NO ASPIRIN, ADVIL, ALEVE, MOTRIN, BC POWDER, STANBACK, ALKA SELTZER, ARTHRITIS PILLS OR BLOOD THINNERS FOR 7 DAYS PRIOR TO THE PROCEDURE. IF YOU ARE CURRENTLY ON AN ASPIRIN REGIMEN YOU DO NOT NEED TO STOP, WE DO NOT WANT YOU TO TAKE ANY ADDITIONAL ASPIRIN PRODUCTS.**  
Continue your other medications. Do not take any over the counter medications without checking with us first. **TYLENOL IS SAFE TO TAKE UP UNTIL MIDNIGHT THE NIGHT BEFORE THE PROCEDURE.**
6. If you have any problems after the procedure or questions in regards to the prep, please do not hesitate to call us at **985-851-5206.**
7. You should check with your insurance company and inform them this procedure has been scheduled.  
**DO NOT TAKE YOUR DIABETES MEDICATIONS THE MORNING OF YOUR PROCEDURE**